SCAT-5

Go through the SCAT-5

Know the different sections and what they look for:

On-field

* Red flags
  + Know 3 red flags/what it means if they have one
* Observable signs
  + What you may look for/notice
* Maddocks Q’s
  + 3 questions
* Glascow Coma Scale
  + Know the 3 categories in order
  + What the ideal score is
* Cervical Spine Assessment
  + Why do you need to clear this first
  + How do you “clear it”

Off-field

* Background
  + Summarize what it’s for
* Symptoms
  + Know 8 and how to explain assessing it
  + Know what symptom score is
  + Know what severity score is
* Orientation Qs
  + Know 3
* Put them through memory/concentration/balance tests
* Neurological screening
  + Just summarize what its for
* Delayed recall