Sports Med Reflection

* Write a reflection on each of the sports medicine classes: for each class evaluate what topics you enjoyed learning, what topics you felt were not necessary or too long, what activities you enjoyed doing, any activities you didn’t like doing, if there was something you would have liked to go over. Anything else you would change.
* Write a reflection on each of your sport rotation experiences. Things you saw that were interesting, what you gained/learned from it, if there were parts of the sport rotation you would have changed. How you felt you performed at your rotation
* If you were in charge of the sports medicine program: what would you change, how would your application process work?, what would your requirements for the students be, what procedures would you have for the Athletic Training Room?
* Write 1 closing paragraph: overall do you feel like sports medicine was beneficial to you during high school. Why/why not?