Panther Creek High School

Sports Medicine I Course Syllabus

**Teacher**: Brian Goodale LAT, ATC

**Department/Course Title**: Sports Medicine I

**Teacher’s School Email Address**: [bgoodale@wcpss.net](mailto:bgoodale@wcpss.net)

**Classroom:** 1717

**Course Description**: This course is designed for students wanting to further their knowledge in the field of athletic training through the integration of information presented in Sports Medicine I. The primary focus includes but is not limited to the following topics: introduction to sports medicine team, adult cpr/first aid, emergency situations and assessment, legal/liability/insurance, directional and movement terminology, skeletal and muscular anatomy, protective sports equipment, tissue response to injury, wound care, sports nutrition, environmental considerations, taping/bandaging, careers, medical terminology.

**Teacher Conference:** Call or email teacher to schedule an appointment

**Panther Creek High School Basic Expectations:**

* Be present and on time!
* Be prepared for and engaged in learning!
* Be a person of character!
* Be safe and comply with Panther Creek and

Wake County Public School System Policies!

**Grading Weights**:

**Quarter/Nine Weeks Averages**

Tests……….…………..…………....50%

Classwork/quizzes………...………...15%

Project………………………………15%

Practical Skills……………….….......20%

**Semester Grades:**

First Nine Weeks……………...….…40%

Second Nine Weeks………………...40%

Semester Exam……………………...20%

**Assignment of grades**: A (90-100) = Excellent

B (80- 89) = Good

C (70- 79) = Average

D (60- 69) = Fair

F (below 59) = Failing

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**Tentative Course Content:**

* Bandaging and Taping
* Athletic Trainer & Sports Medicine Team
* Injury Prevention; Injury Recognition, Assessment, Management
* Soft Tissue Injury Healing
* Anatomy bones
* Medical terminology
* Nutrition
* Environmental concerns
* Basic first aid/ cpr
* Taping and bandaging
* Legal liability and insurance
* Sports Medicine Related Careers

Smart Lunch: Tuesday 1717 A-half, Thursday both A&B

**Attendance**: Tardies and Absences will follow the Panther Creek Student/Parent Handbook Pages

**Integrity:**

(Panther Creek Student/Parent Handbook page)

Any student who engages in cheating, plagiarism, falsification, violation of software copy laws, or violation of computer access shall be subject to disciplinary action.

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\*syllabus may change during semester if necessary\*

PANTHER CREEK HIGH SCHOOL

SPORTS MEDICINE I

Dear Parent or Guardian,

I am pleased that your child has chosen to enroll in Sports Medicine I. His/Her interest in Athletic Training and the Sports Medicine Program at Panther Creek High School is exciting to me. After reading the syllabus please place your signature and date in the space provided below.

Sincerely,

Brian Goodale LAT, ATC

My signature below indicates that I have read the course syllabus for Sports Medicine I.

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(Student's Signature) (Date)

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(Parent/Guardian's Signature) (Date)